



Welcome to the Introduction to Training Course.  
Remember to keep your training fun & for just a few minutes per day.

### **Lead Walking (next steps)**

Teach your dog to walk next to you with a loose lead by using these games.

#### **Walk with a 'smile' in the lead**

- Loose lead walking practice
- Lead in opposite hand to the dog across your body
- Treat bag on the side of the dog
- Free hand to deliver treats on the side of the dog
- Start in very low distraction area and build
- Reward the dog for every step that the lead is loose and he is in position by your leg
- Gradually reduce the treats as he gets the idea, but very slowly.

#### **Watch video - Loose lead walking**

### **Stop Jumping up (or 4 Paws on the floor)**

- Speaking to him or pushing him down will just reinforce the behavior & he will think it's a game and allowed
- Be boring and ignore – move away without speaking or looking at him
- Ask family and friends to do the same
- Sprinkle treats on the floor when you get home and tell your dog to 'find it'
- Teach the 'Find it' game to create distractions from visitors if they suddenly arrive and the dog is really excited.
- Something good happens on the floor when people appear

#### **Watch video – Stop Jumping Up**



## Stay

- Stay means you stay where I have left you and you do not move until I come back and release you.
- Start very close to your dog to build a solid foundation behavior
- Move back to your dog quickly & reward at the beginning
- Build up time and distance separately
- Set your dog up for success
- Reward with tasty treats

**Watch video - Stay**

## Stand

- Lure your dog from a sit to stand
- Start slowly with lots of praise and rewards
- Lure from a down to a stand
- Eventually your hand signal will become the cue
- Useful for grooming, at the vets.

**Watch video – Stand**